

WEEK 1: 2/27—3/3
DUE 2/22



**Meals Provided by
Shelby Public Schools**

Option	Monday 2/27	Tuesday 2/28	Wednesday 3/1	Thursday 3/2	Friday 3/3
Main	Ham, mashed potatoes & gravy, green beans, roll, apple	Walking taco, refried beans, guacamole, salsa, diced peaches	Rigatoni w/ meatballs & marinara, garlic bread, mixed veggie, banana	Breaded chicken leg, potato wedges, broccoli, orange slices	Stuffed crust pepperoni pizza, corn, fruit cup
Sandwich	Turkey & cheese on a croissant	Chicken salad wrap	Hot ham & cheese sub	Hot salami & mozzarella on a croissant	BLT on whole wheat
Salad	Ham chef salad	Chicken Caesar salad	BLT salad	Mandarin chicken salad	Chicken taco salad
Parfait	Granola, yogurt, fruit, cheese	Granola, yogurt, fruit, cheese	Granola, yogurt, fruit, cheese	Granola, yogurt, fruit, cheese	Granola, yogurt, fruit, cheese

WEEK 2: 3/6—10
DUE 3/1



**Meals Provided by
Shelby Public Schools**

Option	Monday 3/6	Tuesday 3/7	Wednesday 3/8	Thursday 3/9	Friday 3/10
Main	Grilled cheese sandwich, tomato soup, broccoli, diced pears	Taco on flour tortilla w/ cheese, corn, salsa, guacamole, apple	Beef chili, cornbread, green beans, banana	Chicken gravy over mashed potato, peas, orange slices	Chicken nuggets, carrots, potato smiles, roll, fresh pears
Sandwich	Turkey & cheese on a croissant	Chicken salad wrap	Hot ham & cheese sub	Hot salami & mozzarella on a croissant	BLT on whole wheat
Salad	Chef salad w/ ham	Chicken Caesar salad	BLT salad	Mandarin chicken salad	Chicken taco salad
Parfait	Granola, yogurt, fruit, cheese	Granola, yogurt, fruit, cheese	Granola, yogurt, fruit, cheese	Granola, yogurt, fruit, cheese	Granola, yogurt, fruit, cheese

WEEK 3: 3/13—17
DUE 3/8



**Meals Provided by
Shelby Public Schools**

Option	Monday 3/13	Tuesday 3/14	Wednesday 3/15	Thursday 3/16	Friday 3/17
Main	Spaghetti w/ meat sauce, garlic bread, mixed veggies, orange	Chicken fajita, corn, salsa, guacamole, mixed fruit	Mac & cheese, grilled chicken breast, green beans, roll, banana	Lasagna rollup, garlic knot, cooked carrots, apple	Cheeseburger, tater tots, peas, fruit cup
Sandwich	Turkey & cheese on a croissant	Chicken salad wrap	Hot ham & cheese sub	Hot salami & mozzarella on a croissant	BLT on whole wheat
Salad	Chef salad w/ ham	Chicken Caesar salad	BLT salad	Mandarin chicken salad	Chicken taco salad
Parfait	Granola, yogurt, fruit, cheese	Granola, yogurt, fruit, cheese	Granola, yogurt, fruit, cheese	Granola, yogurt, fruit, cheese	Granola, yogurt, fruit, cheese

WEEK 4: 3/20—24
DUE 3/15



Meals Provided by
Shelby Public Schools

Option	Monday 3/20	Tuesday 3/21	Wednesday 3/22	Thursday 3/23	Friday 3/24
Main	Breaded chicken sandwich, smiley fries, peas, apple	Taco on flour tortilla w/ cheese, green beans, salsa, guacamole, orange	Pizza casserole, breadstick, green beans, diced peaches	Salisbury steak, mashed potato, roll, mixed veggie, banana	All beef hot dog, carrot sticks, pears, chips
Sandwich	Turkey & cheese on a croissant	Chicken salad wrap	Hot ham & cheese sub	Hot salami & mozzarella on croissant	BLT on whole wheat
Salad	Chef salad w/ ham	Chicken Caesar salad	BLT salad	Mandarin chicken salad	Chicken taco salad
Parfait	Granola, yogurt, fruit, cheese	Granola, yogurt, fruit, cheese	Granola, yogurt, fruit, cheese	Granola, yogurt, fruit, cheese	Granola, yogurt, fruit, cheese