



Revised 3/2018

Dear Young at Heart,

Welcome, we are excited that you would like to be part of The Ladder Community Center. As you may remember, in "the day" families knew their neighbors and served together. During the past several years, much has changed in the community. These changes determined the need to create a hangout for teens. As conversations around the tables at the Shelby Bakery unfolded, the seniors expressed an overwhelming desire to have a place to gather, too. The idea grew from a youth hangout to a community center for all to enjoy. Our mission is to give the young at heart a quality, free of charge, place to stay involved, connect with others, and have fun, as well as providing services and information for their well-being.

Our belief is that joy and purpose is found in a relationship with Jesus Christ. Each individual has value and is worthy of our time and care. We believe all young at heart have great value, wisdom, knowledge and could play a greater role in our community using their resource of time. Our caring staff desires to love, encourage and support them to be well, to maintain their independence, and to stay engaged in the happenings of the community.

The Ladder will be open weekdays for the young at heart to walk, use exercise equipment, be involved in fitness classes, gather for coffee or cards, play pool and many other fun activities. Since we are a Christian organization, Bible studies, prayer and worship will be available for those who are interested. We want you to take the lead and organize other activities that you and the senior community would like to see happen at The Ladder. Please coordinate days and times with the directors.

To be involved, you will need to complete the registration process. The paperwork that is attached needs to be filled out with signatures and turned into the center.

- 1.) Adult Registration form
- 2.) Adult Consent forms with rules and guidelines
- 3.) Network Computing/Email Policy & Contract

If you desire to use the exercise equipment, you will need to attend an orientation session, complete a Physical Activity Readiness Questionnaire and sign a Fitness Equipment Use Consent Form.

We would be humbled, if you would be so inclined, to join us in the vision by considering opportunities to serve, give or pray. You can serve by volunteering. You can give a monetary donation or purchase an item off our wish list. You can commit to daily prayer, either as part of our prayer team or as a prayer partner. We welcome your assistance.

Again thanks for your time in filling out these registration forms. Remember, The Ladder is a place for the young at heart to be well, maintain their independence and stay engaged in the happenings of the community. We look forward to getting to know you and serving together.

Sincerely,
Brian Beckman

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Adult Registration

Last Name

First Name

Date of birth (MM/DD/YYYY)

Male Female

Ethnicity/Race (please check all that apply) The Ladder Community Center is open to persons of all ethnicities/race, checking a box is voluntary, and such information will not be used or shared in a personally identifiable manner.

- | | |
|--|--|
| <input type="checkbox"/> Hispanic/Latino | <input type="checkbox"/> Black or African American |
| <input type="checkbox"/> Asian | <input type="checkbox"/> American Indian or Alaska Native |
| <input type="checkbox"/> White | <input type="checkbox"/> Native Hawaiian or other Pacific Islander |

Mailing Address

City

State

Zip

Home phone

Cell phone

Work Phone

Email Address

Emergency contact

Phone #



Adult Consent Form

Liability Release

I acknowledge that I will be participating at my own risk and I hereby indemnify and hold harmless The Ladder Community Center, its directors, officers, employees, volunteers, agents, and affiliates from liability for personal injury or damage to personal property arising out of participation in, and transportation associated with TLCC.

Name (Printed)	Signature	Date

Media and Photo release

I grant permission to The Ladder Community Center to use my likeness, voice and words in television, radio, films, newspaper, magazines and other media, and in any form not heretofore described, for the purpose of advertising or communicating the purpose and activities of TLCC and appealing for funds to support such activities.

Signature	Date

Rules and Guidelines

1. It is required that all forms be filled out completely before you may access The Ladder Community Center (TLCC).
2. It is mandatory that all members sign in when they arrive at TLCC and sign out when they leave. We need to keep a record of all members that attend and know who is in the building at any given time.
3. Members are expected **ALWAYS** to treat volunteer staff and peers with respect and consideration.
4. We expect all equipment and property be treated with respect and care. Members should return any equipment in the same condition upon leaving the community center. The member will be held responsible for any property damage caused at the community center including replacement of any checked out equipment that is lost.
6. Weapons and fighting are prohibited.
7. Smoking, drugs, alcohol and gambling are prohibited.
8. Clean up after yourself. Throw away trash. Cans and bottles go in designated receptacles.
9. Food and beverages are prohibited unless pre-approved by a director. Water is permissible.

****Violations of any of the rules at The Ladder Community Center may jeopardize your privileges at The Ladder Community Center.**

I, as a member or a volunteer, hereby agree to abide by all the rules and policies as designed by the staff to help make The Ladder Community Center a pleasant environment.

Signature	Date



Network Computing/Email Policy & Contract

The Ladder Community Center of Shelby (TLCC of Shelby) is responsible for securing its network and computing system to a reasonable and economically feasible degree against unauthorized access and/or abuse, while making them accessible for authorized and legitimate users. This responsibility includes informing users of the expected standards of conduct and the disciplinary or legal consequences for not adhering to them. Any attempt to violate the provisions of this policy will result in disciplinary action and possible revocation of use regardless of the success or failure of the attempt.

Once a user is granted permission to access the electronics network facilities, the user is solely responsible for all actions while using the equipment. Therefore, the following actions are prohibited:

1. any deliberate action, which damages or disrupts a computing system or network, alters its normal performance or causes malfunction, regardless of location or time duration. (trying to "crash" network systems or programs)
2. any willful development or introduction of computer "virus", disruptive, or destructive programs into The Ladder Community Center network. **NO DOWNLOADING WITHOUT PERMISSION!**
3. deleting, copying, or modification of any files and/or data belonging to other users without their prior consent.
4. transmitting and/or processing files containing obscene, indecent, lewd material or other material, which explicitly or implicitly refer to sexual conduct.
5. transmitting any material in violation of any United States or state regulations. This includes, but not limited to, copyright and threatening materials.
6. impeding other users through mass consumption of system resources.
7. using facilities and/or services for unauthorized commercial purposes.
8. forging or attempting to forge electronic mail messages.
9. attempting to read, delete, copy, modify, or view without permission, other users email.
10. sending or attempting to send harassing, obscene and/or threatening email to another user.
11. attempting to send unsolicited junk mail, "for profit" messages, or chain letters.
12. or any other action that is deemed inappropriate.

TLCC of Shelby electronic network facilities are to be used exclusively for education, related functions, and applications, TLCC Directors will have access to all files, including email files. Users will have no expectation of privacy regarding the said files or email. Any attempt to break the law with the network will result in litigation against the offender by the proper authorities. If such an event should occur, TLCC of Shelby will fully comply with the authorities to provide any information necessary for the litigation process. I understand and agree to abide by the terms and conditions of The Ladder Community Center of Shelby Network Computing and Email Policy. I further understand that any violations of the above regulations are unethical and may constitute a criminal offense. I understand that any violation of these terms and conditions will result in the revocation of my access rights and the imposition of community center discipline. In addition TLCC of Shelby will comply with the authorities to provide any information necessary for the litigation process.

I have read the Terms and Conditions for access to The Ladder Community Center of Shelby Network Computing and Email Policy. I understand that this access is designed for educational purposes and TLCC has taken precautions to eliminate controversial materials. However, I also recognize that it is impossible for TLCC to restrict access to all controversial materials and I indemnify and hold harmless The Ladder Community Center, its directors, officers, employees, volunteers, agents, and affiliates for materials acquired on the network. Further, I understand that the inappropriate use of network may result in the revocation of my access rights. In addition, TLCC will comply with the authorities to provide any information necessary for the litigation process. I accept responsibility and indemnify and hold harmless The Ladder Community Center, its directors, officers, employees, volunteers, agents, and affiliates for any damages or injuries caused by my use of the network, either in the community center or outside of the community center, in a manner which violates the Terms and Conditions set forth in this agreement. With this understanding, I hereby agree to comply with the Terms and Conditions for access to The Ladder Community Center of Shelby's Network.

Name (Printed)	Signature	Date
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